



PARENT BULLETIN | 8TH NOVEMBER, 2024

SCHOOL NEWS

CLASS UPDATE

Firecrest Class



This week, Firecrest class have been creating Firework pictures to celebrate Bonfire Night. The children enjoyed mixing the paint to create different colours, and adding glitter at the end!

We watched a clip of a fireworks display and tried to make some of the sounds that fireworks make.

MESSAGE FROM HEAD OF SCHOOL

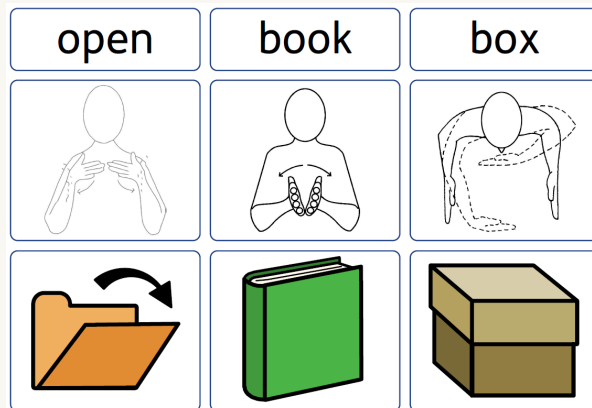
A lot of classes have been engaging in learning about Remembrance Day, which has been lovely to see. There are poppies on sale in the main Reception. Please send your children in with a small donation if you would like them to have a poppy. We will be raising money for Children in Need on **Friday 15th November**. To raise money we will be dressing in something bright and/or spotty for a suggested £1 donation. If your child would prefer to wear their school uniform, that is fine too! Many of our children have accessed activities that are supported by Children In Need, so it is a great fundraising event to support.

Please remember to label your child's clothing, including coats, hats, scarves and gloves in these colder months!

Have a good weekend.


Marianne Murphy

SIGN OF THE WEEK




WEEKLY BEHAVIOUR TIPS

Let's Think Behaviour

 Behaviour is a form of communication

If this is so... what is the communication behind the behaviour?



Think about what the child is telling you before you respond!

Let's Think Behaviour... Better than the others... © 2015... 01254 181438... Widge Symbols & Village Software 2002-2015 www.widge.com

THINK...

IS YOUR CHILD....

- UNCOMFORTABLE
- HUNGRY/ THIRSTY
- IN PAIN
- FRUSTRATED
- WANTING SOMETHING THEY CAN'T HAVE
- DISAPPOINTED SOMETHING GOOD IS ENDING
- CONFUSED/ NOT UNDERSTANDING WHERE THEY ARE GOING OR WHAT THEY ARE DOING NEXT
- CONFUSED BY CHANGE

HOW WOULD YOU FEEL?



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CHILDREN IN NEED DAY



Booker Park School want to help Children in Need make life lighter for children right now. They are only able to fund 1 in 8 organisations who ask them for help! If your child feels comfortable to, please feel free to send them into school wearing bright colours. They are welcome to wear spotty clothes like Pudsey Bear if they would like to. Please send a donation in with your child so that we can help support Children In Need again this year!

MASKS WINTER FAYRE



Please look out for raffle tickets which have been sent home in bags today – we have some amazing prizes up for grabs!

If you have any unwanted gifts, bottles, sweets or chocolates you would like to donate towards the event, please bring them into the School Reception. (Please note that no cleaning products can be accepted).

We are also looking for help with manning stalls, setting up for the event and tidying away afterwards. If you are able to help us in any way, please complete this form: <https://forms.office.com/e/uyWsUgzK2U>, and the organisers will contact you with further details.

Thank you for your support.

FAMILY SUPPORT CORNER



Buckinghamshire Council Family Learning Support – Free Courses
Buckinghamshire's Family Centres run a variety of parenting programmes for a range of ages. From toddlers to teens they can give you advice, support and confidence to meet your child's needs and reduce anxiety, stress and arguments at home.

Our programmes are:

- **Little Talkers (for parents of 18 months to 3-year-olds)**
- **The Nurturing Programme (for parents of 3 to 11s)**
- **Talking Teens (for parents of 11 to 18s)**
- **Keeping your child in mind (all ages)**

They're all free and some are tailored to cover special educational needs and disabilities (SEND), cultural considerations, and family circumstances.

All ages – Keeping your child in mind

Keeping your child in mind is our 4-week programme for parents who are ready to reflect on their own relationships, communication styles and parenting to make positive changes for themselves and their children. Their aim is to support parents to understand the importance of positive family relationships and enhance the emotional health of children and parents. It will also support parents where a difference in parenting styles has caused a communication breakdown.

Keeping your child in mind at a glance

- 4-week course for 2 hours per week
- Parents attend without children
- Suitable if your child has SEND

Topics covered

Keeping your child in mind covers:

- Self-awareness
- Appropriate expectations
- Boundaries and positive discipline
- Understanding empathy

Drop-in sessions

They also run drop-in sessions for parents and their children. These sessions are a great way to meet others and have a chat with our friendly team.

If you're interested in a parenting programme but anxious about registering, come along to a drop-in and they talk you through them. More details and how to register can be found at: <https://familyinfo.buckinghamshire.gov.uk/advice-and-support/parenting/free-parenting-courses/parenting-programmes/>

RSE TOP TIPS

Understanding Myself

Understanding myself is a framework within our curriculum. Pupils will be given opportunities to learn about their emotions, self-awareness and empathy skills. They will learn how feelings can change and how they can deal with this. Teachers will cover positive attitudes and teach pupils about strategies to use in order to promote positive mental health whilst also learning how to be healthy and keep their bodies healthy.

Recognising interests, developing skills and learning to enjoy a hobby will be an important aspect of this part of the curriculum and social and interaction skills, citizenship and how to communicate an opinion will also be a focus.



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CHRISTMAS MEAL

We are pleased to inform you that on Thursday **12th December 2024**, all pupils who have ordered a meat or vegetarian school meal will enjoy a festive Christmas meal, in either a meat or vegetarian option, depending on the meal type originally ordered for that day. For those who ordered the meat option (katsu chicken curry), this will automatically change to the meat Christmas lunch.

For those who ordered the vegetarian option (vegetable and quorn paella), this will automatically change to the vegetarian Christmas lunch.

Please note that Arbor will still show the original meal choice, but the meal will be the Christmas lunch.

The cost of the Christmas lunch remains the same as the usual lunch (£3.00), which is already in place for those who previously ordered a school meal for this day.

Please note that on this day, we will only be providing the Christmas lunch options. For those who ordered the option of a jacket potato or packed lunch and those who provide a packed lunch from home, you now have the option to change to either the meat Christmas lunch or vegetarian Christmas lunch. An email has been sent to those this applies to, with details of how to request this and the deadline for doing so.

Those pupils requiring special textured diets, will still have their originally ordered textured meal.

Whether you have ordered a school meal or not, we hope all pupils will enjoy Christmas lunch day!



USEFUL INFORMATION

ROAD SAFETY



With darker mornings and evenings now upon us, the Road Safety Team at Buckinghamshire Council would like to remind parents and carers that when buying new winter coats for their children, please look for some sort of reflective piping or bright contrasting colours to help them be seen whilst out and about.

Fluorescent fabrics work well during daylight and the hours of dusk but won't show up in the dark so it's important to also look for reflective fabrics and consider adding reflective tape to bags and clothes to ensure you can be seen in the dark by car headlights.

PREPARING FOR PUBERTY WORKSHOP

Buckinghamshire Council have a one off workshop for preparing for puberty. See below for more information.

Preparing for puberty workshop

for parents of young people with SEND



This one-off workshop will cover the topic of puberty. Brook's expert staff will equip you with simple tips and information to support these potentially tricky conversations.

The session will also include practical ideas regarding period products and how to support your young person to carry out their own personal care.

Brook are a national charity, working as part of Buckinghamshire's Integrated Sexual Health and Wellbeing Service.

For more information scan the QR code.

Get in touch

01296 383 293
aylesburyfamilyhub@
buckinghamshire.gov.uk



Tuesday 19 November
6pm to 7pm



Elmhurst
Family Centre

brook



Buckinghamshire
Council



SCAN
ME



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SCHOOL NEWS

SCHOOL CALENDAR



Friday 15th November

Children In Need

Saturday 30th November

MASKS Winter Fayre

Thursday 12th December

Christmas Lunch & Christmas Jumper Day

Monday 16th – Thursday 19th December

School Production – It's a Baby

Friday 20th December

Last day of Term – Christmas Holidays



Have a great weekend.

Bradley Taylor, Principal

Booker Park School, Stoke Leys Close, Aylesbury, Buckinghamshire, HP21 9ET