



PARENT BULLETIN | 13TH DECEMBER, 2024

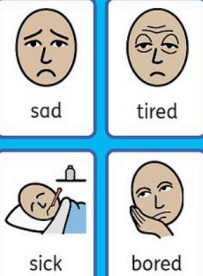
SCHOOL NEWS

WEEKLY BEHAVIOUR TIPS

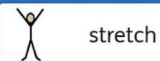
ZONES OF REGULATION

In school we use 'Zones of Regulation' to help children to learn about emotions. Talk to your OT or Class Teacher for more information about how the zones of regulation can support your child. Children learn best in the green zone where they are calm, happy and feeling safe. For some children they need the help and support of sensory strategies to help them stay, or get back to the green zone. Visit the following link for more information on this - <https://zonesofregulation.com/>

BLUE ZONE



I can try...

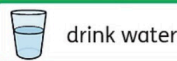


stretch

GREEN ZONE

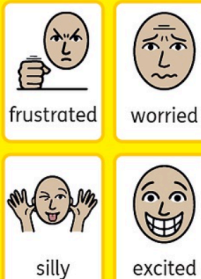


I can try...



drink water

YELLOW ZONE



I can try...

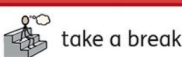


deep breaths

RED ZONE



I can try...



take a break

SIGNS OF THE WEEK

Core Word

help



Additional Words

coat

shoes





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SCHOOL NEWS

SCHOOL CALENDAR



Monday 16th December at 2pm;
School Production for: Skylark, Jay,
Heron, Raven, Starling, Goldfinch,
Woodpecker

Tuesday 17th December at 2pm;
School Production for: Blackbird,
Firecrest, Puffin, Nightingale,
Hummingbird, Jackdaw, Wagtail

Wednesday 18th December at 2pm;
School Production for: Dove,
Red Kite, Parrot, Wren, Swift,
Penguin, Sparrow

Thursday 19th December at 2pm:
School Production for: Owl,
Bluebird, Chaffinch, Robin, Magpie,
Kingfisher, Swan

Friday 20th December
Last day of Term – Christmas
Holidays

Wednesday 8th January
Pupils return to school

RSE TOP TIPS

Relationships & Sex Education

Private and Public

It is important to help your child learn what is appropriate for public and what should be kept private. Some children don't like to wear clothes at home. Whilst this can be accepted in the home when children are younger, it can become difficult as soon as there are visitors to the home or when children get older. It is important to ensure that children are dressed appropriately to protect their modesty and keep their bodies private from early on so that it doesn't become routine and therefore harder to change.

If your child has a favoured style of clothing or a favoured colour, use this to create a 'home outfit' that they can go to. The message should be that when we are at home we wear our 'home outfit' to keep our bodies private. If your child's bedroom is a private space then this could be somewhere they choose to go if they need to have time without their clothes on.

ADDITIONAL INFORMATION



SWIMMING SESSIONS

EXCLUSIVELY FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS & DISABILITIES

- Neil's SEND Swim School provides swimming sessions exclusively for children with SEND.
- Our teachers are trained, qualified and experienced in working with children with SEND.
- We hire whole swimming pools just for our SEND children so its private and peaceful.

WE HAVE WEEKLY SEND SWIMMING SESSIONS:
Aylesbury – Coming Soon

CALL OR MESSAGE 07427240156
WWW.NEILSSWIMSCHOOL4ALL.CO.UK

CONTACT US FOR DETAILS



Have a great weekend.

Bradley Taylor, Principal
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