



Weeks: 24th to 28th February and 17th to 21st March

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Mild Chicken Curry with Rice, Coriander Carrots and Naan Bread 2	Pork Sausages in Gravy with Mashed Potatoes and Peas 2 14	Roast Chicken with Roast Potatoes, Carrots and Broccoli	Beef Meatball Pasta Bake with Garlic Bread and Green Beans 2 14	Breaded Haddock Fillet with Chips and Peas or Baked Beans 2 5
Something Veggie	Swedish Vegan Meatballs with Rice, coriander Carrots and Naan Bread 2 13	Veggie Sausages in Gravy with Mashed Potatoes and Peas 13	Vegan Shepherds Pie with Carrots and Broccoli 13	Macaroni Cheese with Garlic Bread and Green Beans 2 7 MC 12	Vegan Nuggets with Chips and Peas or Baked Beans 2
Jacket Potatoes	Baked Beans & Cheese or Chicken Mayo 7	Baked Beans & Cheese or Tuna Mayo 5 7	Baked Beans & Cheese or Cheese Coleslaw 7	Baked Beans & Cheese or Tandoori Chicken 1 7	Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Pear and Ginger Cake with Custard 2 4 7 MC 13	Banana and Chocolate Muffin 2 4 13	Vegan Jelly	Oatmeal cookie 2 4 MC 13	Frozen Yoghurt Pot 7

Allergen content:

- 1** Celery
- 2** Cereals/Gluten
- 3** Crustaceans
- 4** Eggs
- 5** Fish
- 6** Lupin
- 7** Milk
- 8** mollusc
- 9** Mustard
- 10** Nuts
- 11** Peanuts
- 12** Sesame Seeds
- 13** Soya
- 14** Sulphur Dioxide

PLEASE NOTE THAT THE MEAT PROVIDED IN OUR LUNCHES IS NOT KOSHER OR HALAL.

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Weeks: 3rd to 7th March and 24th to 28th March

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	BBQ Chicken with Rice and Peas 2	Minced Beef Pie with Roasted New Potatoes and Beans 2 MC 6 MC 9 MC 13	Roast Gammon with Roast Potatoes, Carrots and Broccoli	Beef Lasagne with Garlic Bread and Green Beans 2 MC 4 7 MC 9 MC 12 MC 13	Breaded Fish cake with Chips and Peas or Baked Beans 2 5
Something Veggie	Quorn Pieces in a Creamy Mushroom Sauce with Rice and Peas 4 7 13	Veggie Hotpot with Roasted New Potatoes and Beans	Winter Vegetable Bake with Roast Potatoes, Carrots and Broccoli	Lentil & Tomato Spaghetti Bolognese with Garlic Bread and Green Beans 2 MC 7 MC 12	Vegan Fish Fingers with Chips and Peas or Baked Beans 2
Jacket Potatoes	Baked Beans & Cheese or Garlic Mayo Chicken 7	Baked Beans & Cheese or Tuna Mayo 5 7	Baked Beans & Cheese or Cheese Coleslaw 7	Baked Beans & Cheese or Tandoori Chicken 1 7	Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich With Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich With Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Lemon Drizzle Cake and Cream 2 4 7 MC 13	Carrot Cake 2 4 MC 13	Vegan Fruit Jelly	Marble Cake and Custard 2 4 7 MC 13	Chocolate Ice Cream Pots 7

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Weeks: 10th to 14th March and 31st March to 4th April

Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chilli Con Carne Beef with Rice and Garlic Bread 2 MC 7 MC 12 MC 13	Pepperoni Pizza with Wedges and Baked Beans 2 7	Roast Turkey with Roast Potatoes, Carrots and Parsnips	Breaded Chicken Fillet with a Garlic & Herb sauce, Rice and Green Beans 2 4 7	Fish Fingers with Chips and Peas or Baked Beans 2 5
Something Veggie	Vegetarian Sausage & Roasted Vegetable Rice with Garlic Bread and Peas 2 MC 7 MC 12 13	Cheese & Tomato Pizza with Wedges and Baked Beans 2 7	Herb Roasted Quorn Fillet with Roast Potatoes, Carrots and Parsnips 2	Sweet Potato & Chickpea Curry with Rice and Green Beans	Roasted Vegetable & Cheese Tortilla Bake with Chips and Peas or Baked Beans 2 7
Jacket Potatoes	Baked Beans & Cheese or Mexican Chicken 7	Baked Beans & Cheese or Tuna Mayo 5 7	Baked Beans & Cheese or Cheese Coleslaw 7	Baked Beans & Cheese or Coronation Chicken 7	Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Banana Cake and Custard 2 4 7 MC 13	Apple Pie and Cream 2 MC 6 7 MC 9 MC 13	Vegan Fruit Jelly	Rice Krispie Cake 2	Strawberry Mousse 7

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