



Weeks: 8th to 12th September, 29th September to 3rd October and 20th to 24th October

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken & Pork Chorizo Stew with Rice & Broccoli 2 7	Pork Sausages in Gravy with Mashed Potatoes & Peas 2 14	Roast Chicken with Roast Potatoes, Carrots & Cauliflower	Beef Meatball Pasta Bake with Garlic Bread & Green Beans 2 MC 7 14	Fish fingers with Chips & Peas or Baked Beans 2 5
Something Veggie	Swedish Vegan Meatballs with Rice & Broccoli 13	Veggie Sausages in Gravy with Mashed Potatoes & Peas 13	Vegan Hot Pot with Carrots & Cauliflower 13	Macaroni Cheese with Garlic Bread & Green Beans 2 7 MC 13	Vegan Burger with Chips & Peas or Baked Beans 2
Jacket Potatoes	Butter or Baked Beans & Cheese or Chicken Mayo 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7	Butter or Baked Beans & Cheese or Cheese Coleslaw 7	Butter or Baked Beans & Cheese or Tandoori Chicken 1 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Chocolate Brownie 2 4 MC 13	Raspberry Muffin 2 4 MC 13	Vegan Jelly	Chocolate Chip Cookie 2 4 13	Strawberry Mousse 7

Allergen content:

1 Celery 2 Cereals/Gluten 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 mollusc 9 Mustard 10 Nuts 11 Peanuts 12 Sesame Seeds 13 Soya 14 Sulphur Dioxide

PLEASE NOTE THAT THE MEAT PROVIDED IN OUR LUNCHES IS NOT KOSHER OR HALAL.

Meals may be changed without notice if we encounter any supply chain issues. A similar alternative will always be prioritised. Should your child have a dietary need e.g., gluten-free, a similar alternative will always be provided. Please ensure you contact the school as soon as possible should any dietary requirements change.



Weeks: 15th to 19th September and 6th to 10th October

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken , Sweet Potato & Pepper Stew with Rice & Peas	Chilli Beef Tortilla with Jacket Wedges & Beans 2 7	Roast Gammon (Pork) with Roast Potatoes, Carrots & Broccoli	Beef Lasagne with Garlic Bread & Green Beans 2 MC 4 7 MC 9 13	Breaded Fish cake with Chips & Peas or Baked Beans 2 5
Something Veggie	Vegan Chilli Sin Carne with Rice & Peas 13	Vegan Sausage Roll with Jacket Wedges & Beans 2 MC 6 MC 9 MC 13	Breaded Quorn Fillet with Roast Potatoes, Carrots & Broccoli 2 4	Pesto & Tomato Spaghetti Bolognese with Garlic Bread & Green Beans 2	Cheese & Tomato Pizza Swirl with Chips & Peas or Baked Beans 2 MC 4 7 MC 13
Jacket Potatoes	Butter or Baked Beans & Cheese or Harissa Chicken 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7	Butter or Baked Beans & Cheese or Cheese Coleslaw 7	Butter or Baked Beans & Cheese or Tandoori Chicken 1 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Chocolate Shortbread 2 MC 13	Pineapple Upside Down Cake 2 4 MC 13	Vegan Fruit Jelly	Chocolate Sponge & Chocolate Sauce 2 4 MC 13	Choc Ice 7

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Weeks: 22nd to 26th September and 13th to 17th October

Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Beef Bolognaise with Garlic Bread & Broccoli 2 MC 7	Pepperoni Pizza with Wedges & Baked Beans 1 2 4 7 9 13	Roast Turkey with Roast Potatoes, Carrots & Parsnips	Breaded Chicken Fillet with Katsu Curry Sauce, Rice & Green Beans 2 4	Fish fingers with Chips & Peas or Baked Beans 2 5
Something Veggie	Vegan Mince & Roasted Vegetable Pasta Bake with Garlic Bread & Broccoli 2 7 13	Cheese & Tomato Pizza with Wedges & Baked Beans 2 MC 4 7 MC 13	Roasted Vegetable & Cheese Tortilla Bake with Roast Potatoes, Carrots & Parsnips 2 7	Quorn & Vegetable Goulash with Rice & Green Beans 4	Vegan Hotdog with Chips & Peas or Baked Beans 2 MC 12 13
Jacket Potatoes	Butter or Baked Beans & Cheese or Chicken Tikka 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7	Butter or Baked Beans & Cheese or Cheese Coleslaw 7	Butter or Baked Beans & Cheese or Coronation Chicken 7	Butter or Baked Beans & Cheese or Tuna Mayo 5 7
Packed Lunch Option	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13	Cheese or Ham Sandwich with Fruit, Crisps & Something Sweet 2 7 13	Cheese or Tuna Sandwich with Fruit, Crisps & Something Sweet 2 5 7 13
Dessert	Banana Cake & Custard 2 4 7 MC 13	Flapjack 2	Vegan Fruit Jelly	Rice Krispie Cake 2	Mini Chocolate Doughnuts 2 4 7 13

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