



Weeks: 14<sup>th</sup> April to 17<sup>th</sup> April and 5<sup>th</sup> to 8<sup>th</sup> May

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	Lemon & Herb <b>Chicken</b> with Rice & Broccoli	<b>Lamb</b> Pasta Bake with Green Beans & Garlic Bread  2 7 MC 13	Roast <b>Pork</b> with Roast Potatoes, Carrots & Broccoli	<b>Chicken</b> & Herb Sausage Roll with Potato Wedges & Spaghetti Hoops  2 MC 6 MC 9 MC 13 14	<b>Fish</b> fingers with Chips & Peas or Baked Beans  2 5
<b>Something Veggie</b>	Sweet Potato & Chickpea Curry with Rice & Broccoli	Vegan Chilli with Green Beans & Garlic Bread  2 MC 7 13	Quorn Sausage Toad in the Hole with Roast Potatoes, Carrots & Broccoli  2 4 7 13	BBQ Quorn Naan Bread Pizza with Potato Wedges & Spaghetti Hoops  2 7	Veggie Burger with Chips & Peas or Baked Beans  2
<b>Jacket Potatoes</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Chicken Mayo  7	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Tuna Mayo  5 7	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Coleslaw  7	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Sweet Chilli Quorn  2 7 MC 9	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Tuna Mayo  5 7
<b>Packed Lunch Option</b>	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet  2 5 7 13	Cheese <b>or</b> Ham Sandwich with Fruit, Crisps & Something Sweet  2 7 13	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet  2 5 7 13	Cheese <b>or</b> Ham Sandwich with Fruit, Crisps & Something Sweet  2 7 13	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet  2 5 7 13
<b>Dessert</b>	Chocolate Brownie  2 4 MC 13	Lemon Drizzle Cake  2 4 MC 13	Vegan Jelly	Oatmeal Cookie  2 4 13	Frozen Raspberry Yoghurt  7

Allergen content:

- 1 Celery
- 2 Cereals/Gluten
- 3 Crustaceans
- 4 Eggs
- 5 Fish
- 6 Lupin
- 7 Milk
- 8 mollusc
- 9 Mustard
- 10 Nuts
- 11 Peanuts
- 12 Sesame Seeds
- 13 Soya
- 14 Sulphur Dioxide

**PLEASE NOTE THAT THE MEAT PROVIDED IN OUR LUNCHES IS NOT KOSHER OR HALAL.**

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Weeks: 20<sup>th</sup> April to 24<sup>th</sup> April and 11<sup>th</sup> to 15<sup>th</sup> May

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	<p><b>Turkey</b> and Vegetable Pie with Boiled Potatoes &amp; Green Beans</p> <p>2 MC 6 MC 9 MC 13</p>	<p><b>Beef</b> Burger with Jacket Wedges &amp; Peas</p> <p>2 MC 12</p>	<p>Roast <b>Chicken</b> with Roast Potatoes, Carrots &amp; Broccoli</p>	<p><b>Beef</b> Meatballs in Tomato Sauce with Pasta, Garlic Bread &amp; Green Beans</p> <p>2 MC 7 14</p>	<p><b>Fish</b> fingers with Chips &amp; Peas or Baked Beans</p> <p>2 5</p>
<b>Something Veggie</b>	<p>Veggie Meatballs in Tomato and Basil Sauce with Rice &amp; Green Beans</p> <p>13</p>	<p>Cheesy Baked Bean Pie with Jacket Wedges &amp; Peas</p> <p>2 MC 6 7 MC 9 MC 12 MC 13</p>	<p>Breaded Quorn Fillet with Roast Potatoes, Carrots &amp; Broccoli</p> <p>2 4 MC 13</p>	<p>Macaroni Cheese with Garlic Bread &amp; Green Beans</p> <p>2 7 MC 13</p>	<p>Cheese &amp; Tomato Pizza Swirl with Chips &amp; Peas or Baked Beans</p> <p>2 MC 4 7 MC 13</p>
<b>Jacket Potatoes</b>	<p>Butter <b>or</b> Baked Beans &amp; Cheese <b>or</b> Garlic Mayo Chicken</p> <p>7</p>	<p>Butter <b>or</b> Baked Beans &amp; Cheese <b>or</b> Tuna Mayo</p> <p>5 7</p>	<p>Butter <b>or</b> Baked Beans &amp; Cheese <b>or</b> Coleslaw</p> <p>7</p>	<p>Butter <b>or</b> Baked Beans &amp; Cheese <b>or</b> Italian Chicken</p> <p>7</p>	<p>Butter <b>or</b> Baked Beans &amp; Cheese <b>or</b> Tuna Mayo</p> <p>5 7</p>
<b>Packed Lunch Option</b>	<p>Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps &amp; Something Sweet</p> <p>2 5 7 13</p>	<p>Cheese <b>or</b> Ham Sandwich with Fruit, Crisps &amp; Something Sweet</p> <p>2 7 13</p>	<p>Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps &amp; Something Sweet</p> <p>2 5 7 13</p>	<p>Cheese <b>or</b> Ham Sandwich with Fruit, Crisps &amp; Something Sweet</p> <p>2 7 13</p>	<p>Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps &amp; Something Sweet</p> <p>2 5 7 13</p>
<b>Dessert</b>	<p>Lemon Shortbread</p> <p>2 MC 13</p>	<p>Sprinkle Cake</p> <p>2 4 MC 13</p>	<p>Vegan Fruit Jelly</p>	<p>Chocolate Sponge &amp; Chocolate Sauce</p> <p>2 4 7 MC 13</p>	<p>Ice Cream</p> <p>7</p>

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Weeks: 27<sup>th</sup> April to 1<sup>st</sup> May and 18<sup>th</sup> May to 22<sup>nd</sup> May

Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>	Middle Eastern <b>Chicken</b> with Peppers on a Flatbread with Rice & Broccoli <b>2</b> <b>MC</b> <b>7</b> <b>MC</b> <b>13</b>	<b>Ham</b> & Pepper Pizza with Wedges & Baked Beans <b>2</b> <b>MC</b> <b>4</b> <b>7</b> <b>MC</b> <b>13</b>	Roast <b>Turkey</b> with Roast Potatoes, Carrots & Peas	Korean <b>Beef</b> Mince with Rice & Green Beans <b>13</b>	<b>Fish</b> fingers with Chips & Peas or Baked Beans <b>2</b> <b>5</b>
<b>Something Veggie</b>	Vegan Mince Keema and Roasted Vegetable Curry with Rice & Broccoli <b>13</b>	Cheese & Tomato Pizza with Wedges & Baked Beans <b>2</b> <b>MC</b> <b>4</b> <b>7</b> <b>MC</b> <b>13</b>	Roasted Vegetable & Cheese Tortilla Bake with Roast Potatoes, Carrots & Peas <b>2</b> <b>7</b>	Quorn Thai Green Curry with Rice & Green Beans <b>7</b> <b>MC</b> <b>9</b>	Vegan Hotdog with Chips & Peas or Baked Beans <b>2</b> <b>4</b> <b>7</b> <b>MC</b> <b>13</b>
<b>Jacket Potatoes</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Chicken Tikka <b>MC</b> <b>1</b> <b>7</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Tuna Mayo <b>5</b> <b>7</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Cheese Coleslaw <b>7</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> BBQ Chicken <b>7</b>	Butter <b>or</b> Baked Beans & Cheese <b>or</b> Tuna Mayo <b>5</b> <b>7</b>
<b>Packed Lunch Option</b>	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>	Cheese <b>or</b> Ham Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>7</b> <b>13</b>	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>	Cheese <b>or</b> Ham Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>7</b> <b>13</b>	Cheese <b>or</b> Tuna Sandwich with Fruit, Crisps & Something Sweet <b>2</b> <b>5</b> <b>7</b> <b>13</b>
<b>Dessert</b>	Rice Krispie Cake <b>2</b>	Flapjack <b>2</b>	Vegan Fruit Jelly	Vanilla Cake & Custard <b>2</b> <b>4</b> <b>7</b> <b>MC</b> <b>13</b>	Mini Chocolate Doughnuts <b>2</b> <b>4</b> <b>7</b> <b>13</b>

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