



PARENT BULLETIN | 14TH NOVEMBER 2025

SCHOOL NEWS

CLASS UPDATE

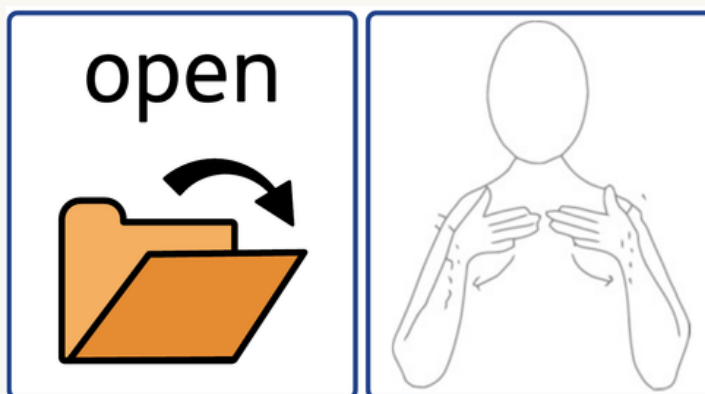
Red Kite

The children in Red Kite class enjoyed exploring the new jungle themed loose parts play activities. They have been using all of their senses and a variety of different play actions to explore the items. For example, banging, shaking, rolling, spinning, throwing, stacking, dropping, posting etc. Some of their favourite activities have been the feathers tray, the construction items and the scarves.

The children have also been engaging well in the different sensory circuit activities that they access on a daily basis. The activities support them to feel calm and regulated and ready to learn.

SIGN OF THE WEEK

Core Word



This is the generic sign for open, the sign will differ for book, drink etc.

CALENDAR



Saturday 29th November
MASKS Christmas Fayre

Thursday 11th December
Christmas Lunch & Christmas Jumper Day

Monday 15th – Thursday 18th December
Christmas Production

Friday 19th December
Last day of Term

****Christmas Break: 22nd December to 2nd January**
Monday 5th January – INSET Day**

Tuesday 6th January
Pupils return to school

MASKS CHRISTMAS FAYRE

MASKS
Christmas Fayre
Saturday 29th November
11am-2pm
at Booker Park School
Hot & Cold Food & Drink
Tombolas & Raffle
Find the Penguins, Name the Friends
Gingerbread Man Decorating
and of course... Santa!
Quiet hour 2pm-3pm (Santa-only)

This is an inclusive day of fun,
for all the friends and families
of the Vale Federation.
We look forward to seeing you all
on the day!

The MASKS team



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IMPORTANT UPDATE

CHRISTMAS LUNCH MENU CHANGE

We are writing to inform you of a change to the advertised lunch menu due to our upcoming **Christmas Lunch Day**.

Christmas Lunch will be served on **Thursday 11th December**.

To accommodate this, the menu options for Wednesday 10th December and Thursday 11th December will be swapped.

Updated Menu:

Wednesday 10th December

- *Breaded Chicken Fillet with Katsu Curry Sauce, served with Rice & Green Beans
- *Sweet and Sour Quorn, served with Rice & Green Beans

Thursday 11th December – Christmas Lunch

Meat Option

- *Roast Turkey with Pigs in Blankets & Stuffing

Vegetarian Option

- *Sage & Onion Quorn Fillet with Yorkshire Pudding & Stuffing

Sides

- *Roast Potatoes

- *Honey Roasted Carrots & Parsnips

- *Broccoli

- *Gravy

Dessert

- *Chocolate Christmas Brownie Cupcake

Please refer to the below allergen chart for details regarding the Christmas lunch. If your child originally ordered the meat or vegetarian option, their meal will automatically be updated to the corresponding Christmas lunch.

Please note: Arbor will still display the original meal choice, but the actual meal served will be the Christmas lunch. The cost of the Christmas lunch remains the same as a standard school meal (£3.00), and payment is already in place for those who previously ordered a meal for this day. If your child originally selected a jacket potato, packed lunch, or brings a packed lunch from home, you now have the option to switch to either the meat or vegetarian Christmas lunch. To do so, please complete this form by midnight on **Sunday 30th November**: <https://forms.office.com/e/6i5Y9zfa6t>. The payment request will then be added to your Arbor account. We're also pleased to confirm that pupils requiring special textured diets will have a Christmas lunch option available this year. If you have any queries, please contact the school office. Whether your child has ordered a school meal or not, we hope all pupils enjoy the festive spirit of Christmas Lunch Day!



DISHES AND THEIR ALLERGEN CONTENT – Connect Catering

Site: The Vale Federation Date: Christmas Lunch 2025 Completed by Name: Paul Humphrey

Month	Week	DISHES	Celery	Gluten (cereal)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Alcohol	Allegens on Site	Allegens on Site
		Roast Turkey																	
		Stuffing		Y															
		Pigs in Blankets															Y		
		Sage & Onion Quorn		Y															
		Stuffing		Y															
		Yorkshire Pudding		Y		Y										Y			
		Vegetables																	
		Gravy																	
		Christmas Chocolate Brownie Cupcake		Y		Y										Y			



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USEFUL INFORMATION



You Are Not Alone - Free Parent Online Drop-In

Parenting an autistic child can feel amazing, confusing, and overwhelming, sometimes all in the same day. That's why we host our no-cost monthly online drop-in sessions for parents and carers.

First Tuesday of every month
7pm - 8.30pm
Platform: Zoom



Erik Wagter - host of the drop-in

What these sessions are all about

We've created a safe, non-judgemental space where parents can bring their questions, share worries and connect with others who 'get it'.

Topics often included:

- Understanding and responding to challenging behaviour
- Making sense of autism on a deeper level
- The ups and downs of family relationships and dynamics
- Working with schools and professionals
- Meeting like-minded parents and realising you are not alone

What parents can expect to take away:

- Feeling heard, appreciated, and understood
- Knowing they are seen as the experts on their own child and family
- Feeling hopeful and having gained practical ideas

Who runs the sessions?

I'm Erik Wagter, co-founder of Autism Family Support Service. Alongside being a social worker, trainer and Solution Focused family coach, I also bring over two decades of personal lived family experience of autism.

If you would like to join please send an email to sallywagter@gmail.com and we will send you the Zoom link.

Autism Family Support Service
www.autismfamilysupportservice.com



Dear Headteacher/SENCO,

I'm writing to let you know about a free online support opportunity for parents and carers that we run through the Autism Family Support Service.

The next drop-in takes place in December. Normally, we run the 'You Are Not Alone' drop-in on the 1st Tuesday of the month but in December we are doing something special.

Instead of 1 drop-in session we are going to run 5 drop-in sessions from Monday 1st December - Friday 5th December from 7pm - 8.30pm.

We'd love it if you could share this with families who may benefit from this free support service.

You can download our [leaflet](#) to pass it on to parents who would benefit from these drop-ins.

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What we would like parents to take away:

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- Feeling hopeful and having gained practical ideas

Who runs the sessions?

I'm Erik Wagter, co-founder of Autism Family Support Service. Alongside being a social worker, trainer and Solution Focused family coach, I also bring over two decades of personal lived family experience of autism. From time to time I will be joined by Sally Wagter who is a teacher, author and trainer.

These sessions are a chance for parents to talk openly, learn, and connect. They don't have to do this on their own. If you have families who may be interested, please let them know they can email sallywagter@gmail.com and we will send them the Zoom link.

Thank you for helping us spread the word. Together we can make sure parents know they are not alone.

Kind regards,

Erik & Sally Wagter

Autism Family Support Service
www.autismfamilysupportservice.com



Have a great weekend.

Bradley Taylor, Principal

Booker Park School, Stoke Lays Close, Aylesbury, Buckinghamshire, HP21 9ET